
Statewide Commission on Children, Youth & their Families



February 17, 2010
Office of the Deputy Mayor for Education



Agenda

1. Welcome and Introductions
2. Interagency Innovation Fund Update
3. Project LAUNCH
4. Obesity Action Plan
5. Next Steps



Interagency Innovation Fund Update

Current ICSIC Programs

*new in FY2010

Proposed ICSIC Programs

Selected Programs at Agencies

Categories	Primary Prevention	Secondary Prevention	Tertiary Prevention
Early childhood	Second Step Early Childhood Mental Health Capacity Building* Head Start	DC START Primary Project Parent Child Home Program	
Juvenile violence and delinquency	SRO Training LifeSkills Training Second Step Therapeutic Crisis Intervention*	DC START Therapeutic Crisis Intervention*	<i>Intensive Supervision</i> Multisystemic Therapy
Social and emotional issues	Second Step LifeSkills Training Therapeutic Crisis Intervention* School Mental Health Full Service Schools	Primary Project DC START Therapeutic Crisis Intervention* School Mental Health Full Service Schools	<i>Intensive Supervision</i> Multidimensional Treatment Foster Care Full Service Schools
Family resilience and strengthening	<i>Guiding Good Choices</i>	DC START	Wraparound Initiative
Truancy and attendance Health	SRO Training LifeSkills Training Making Proud Choices	DC START Nurse Program STD Screening and Treatment	Nurse Program
Substance abuse	LifeSkills Training SRO Training <i>Guiding Good Choices</i>	DC START	Substance Abuse Treatment Programs
Reducing reliance on out of home placement	Alternative Education	DC START	<i>Intensive Supervision</i> Wraparound Initiative DYRS/CSS Drop-In Centers



Innovation Fund Programs

Program	SY09-10 Investment	Number of Schools Served	Number of Staff Trained	Number of Students Impacted
DC START	\$1M	10	n/a	121 in SY08-09 189 in current caseloads
Primary Project	\$360,000 + Project Launch	16	n/a	166 in SY08-09
LifeSkills Training	\$75,000	50	76HPEs	4000+ in SY09-10
Second Step	\$58,000	15 focus schools 27 others	293 teachers in 15 schools 500+ overall	Up to 3,000 in 15 schools in SY09-10
SRO Training	\$75,000	All with SRO coverage	105	All in schools with SROs
Therapeutic Crisis Intervention (new in FY10)	\$150,000	7	151	All in TCI schools (3800)
Early Childhood Mental Health Consultation (new in FY10)	\$200,000 + Project Launch		New in FY10	

Health-related Indicators of School Readiness

Goal 1

- Children are Ready for School

Goal 2

- Children & Youth Succeed in School

Goal 3

- Children & Youth are Healthy & Practice Healthy Behaviors

Goal 4

- Children & Youth Engage in Meaningful Activities

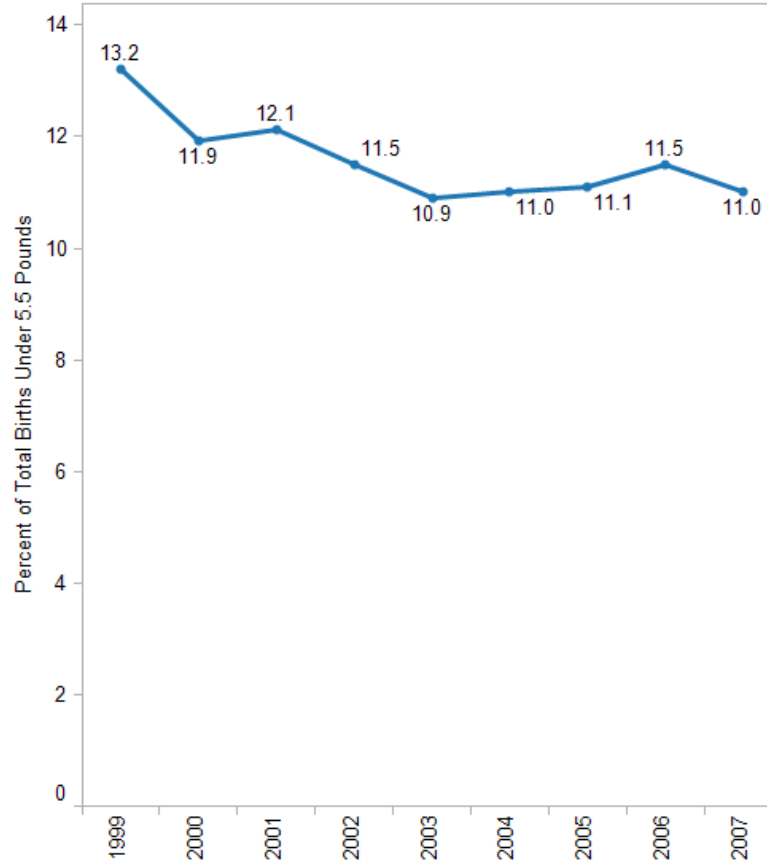
Goal 5

- Children & Youth Live in Healthy, Stable & Supportive Families

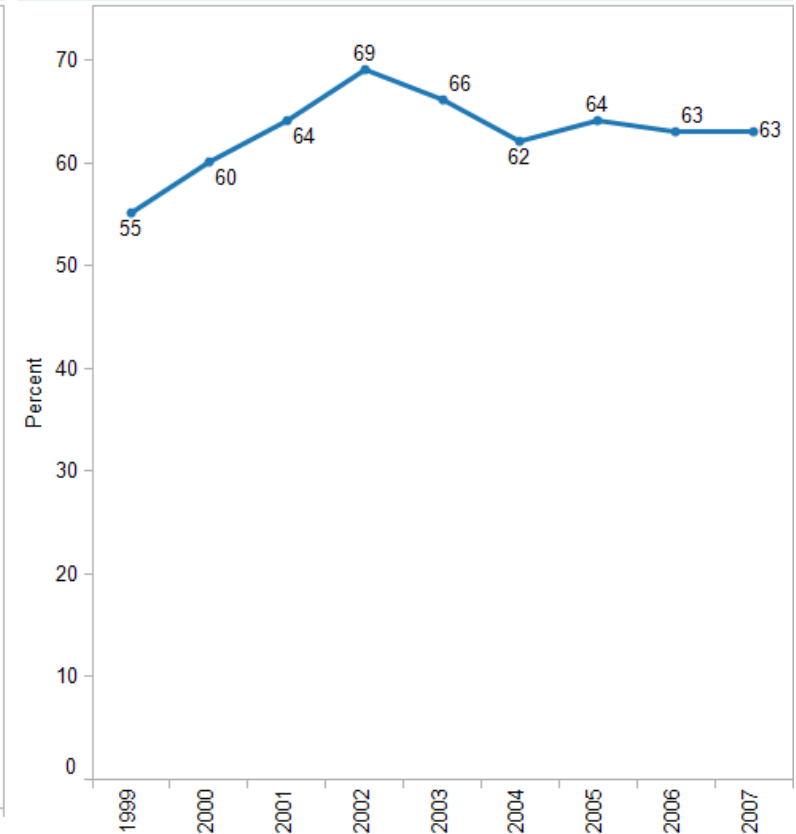
Goal 6

- All Youth Make a Successful Transition into Adulthood

Percent of Low-Weight Birth Infants in DC



Percent of Births to Mothers Receiving Adequate Prenatal Care



Project LAUNCH Overview

- LAUNCH: **L**inking **A**ctions for **U**nmet **N**needs in **C**hildren's **H**ealth
- SAMHSA funded grant
- 5 yr grant (\$850,000/yr)
- Target population
 - ▣ Children 0 – 8 years & their families in Wards 7 & 8



Project LAUNCH Goal

- Promote the wellness of young children, birth to 8 years of age with an expected long term outcome of children thriving in safe, supportive environments and entering school ready to learn and able to succeed



Five Core Areas

- All Project LAUNCH programs must incorporate the following five basic services:
 1. Developmental assessments in a range of child-serving settings
 2. Integration of behavioral health programs and practices into primary care
 3. Home visiting programs
 4. Mental health consultations
 5. Family strengthening and parent skills training



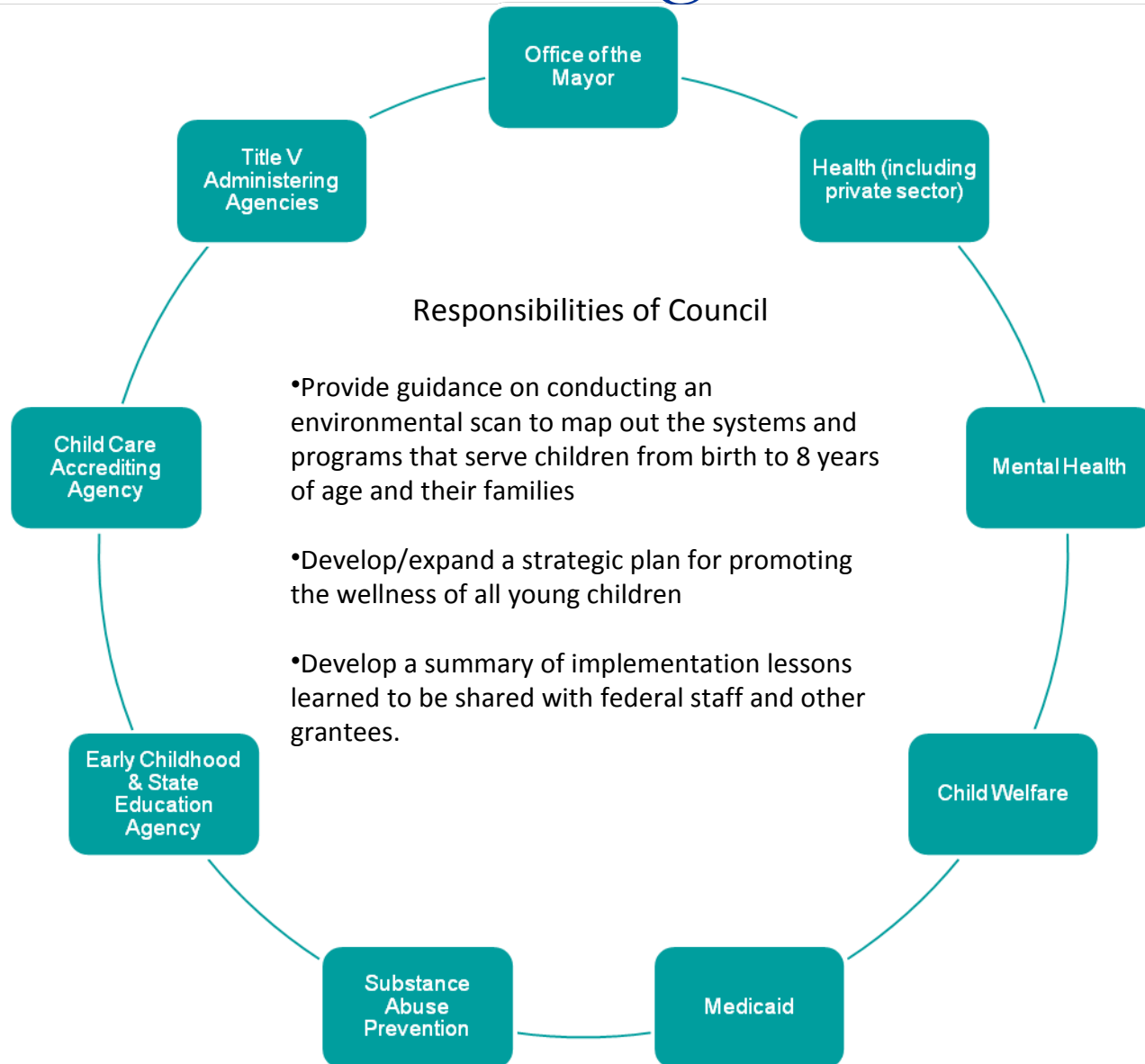
DC Project LAUNCH

Programmatic Area	Activity [±]	EBP Model Program/Practice	Target Group
Early Childhood Mental Health Consultation (ECMHC)	DMH/ECCS Mental Health Consultation [NP]	<i>Incredible Years</i>	2 – 8 years: Children; their parents & caregivers
	<i>Primary Project</i> [EP]	<i>Primary Project</i>	5 – 8 years: Children
Developmental Assessments	Healthy Start & ABCD/ECCS [EP]	<i>Ages and Stages Questionnaire (ASQ)</i>	1 month – 5 years: Children
		<i>ASQ: SE</i>	6 months – 5 years: Children
Family Strengthening & Parenting Skills Training	DMH/ECCS ECMHC [NP]	<i>Incredible Years</i>	2 – 8 years: Children; their parents & caregivers
	<i>Primary Project</i> [EP]	<i>Primary Project</i>	5 – 8 years: Children
	Healthy Start [EP]	Parents-as-Teachers <i>Born to Learn</i>	Prenatal – 2 years: Parents
		Nurse-Family Partnerships	Prenatal – 2 years: 1 st time parents & their children
	DC Children's Trust Fund [EP]	<i>Strengthening Families Program</i>	3 – 8 years: Parents
Home Visitation	DMH/ECCS ECMHC [NP]	<i>Incredible Years</i>	2 – 8 years: Children; their parents & caregivers
	Healthy Start [EP]	Parents-as-Teachers <i>Born to Learn</i>	Prenatal – 2 years: Parents
Integrating Behavioral Health Programs into Primary Care	DMH/ECCS ECMHC [NP]	<i>Incredible Years</i>	2 – 8 years: Children; their parents & caregivers
	ABCD/ECCS – Pediatric Community [EP]	<i>ASQ:SE</i>	6 months – 5 years: Children

EP = Expansion of existing program, NP = New program



DC Council on Young Child Wellness



Indicators of Health and Healthy Behaviors

Goal 1

- Children are Ready for School

Goal 2

- Children & Youth Succeed in School

Goal 3

- Children & Youth are Healthy & Practice Healthy Behaviors

Goal 4

- Children & Youth Engage in Meaningful Activities

Goal 5

- Children & Youth Live in Healthy, Stable & Supportive Families

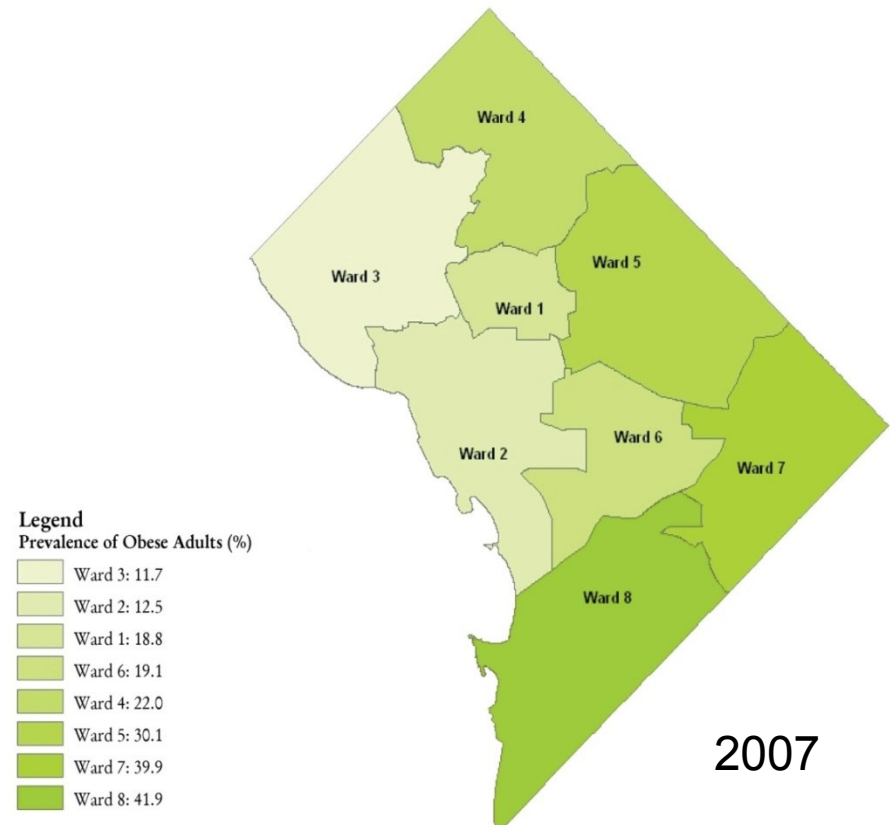
Goal 6

- All Youth Make a Successful Transition into Adulthood

Percentage of students who were overweight or obese in the DC

		Obese	Overweight
2003	Male	16.3	15.5
	Female	17.5	11.4
	Total	16.9	13.4
2005	Male	21.6	13
	Female	19.8	8.3
	Total	20.7	10.6
2007	Male	15.8	19.6
	Female	19.9	15.8
	Total	17.8	17.7

Adult Obesity Prevalence by Ward



Obesity Action Plan

- A five-year plan to reverse trends in obesity in the District
- Developed with input from
 - ❑ Community-based organizations
 - ❑ Volunteer health organizations
 - ❑ Healthcare providers
 - ❑ Faith-based institutions
 - ❑ Education systems and childcare providers
 - ❑ Government agencies

Action Plan Highlights

Target Areas	Goal
School and Child Care Facilities	Children and adults are able to maintain healthy eating and physical activity to support a healthy weight while in schools and child care facilities
Medical and Health Services	Residents have access to breastfeeding opportunities and integrated weight management services
Food Retail and Food Service Establishments	Residents consume a diet consistent with the Dietary Guidelines for Americans
Physical Activity	Residents are physically active on a regular basis consistent with the Physical Activity Guidelines for Americans
Worksites	Residents are able to maintain healthy eating and physical activity at their place of employment to support a healthy weight
Faith-based Institutions	Residents are able to maintain healthy eating and physical activity at their faith-based institutions to support a healthy weight
Infrastructure	DC Government and non-government agencies will collaborate to ensure that supportive policies are implemented so that residents at risk of becoming overweight or obese have access to healthy foods, opportunities to be physically active and information to make healthy choices
Infrastructure	DC Government will continue to track current and critical data sets that describe the health status of residents, social determinants of health, and monitor the key elements of the DC Overweight and Obesity Action Plan

Bringing Action to the Plan

- Partnership with the Robert Wood Johnson Foundation *Leadership for Healthy Communities*
 - Convene government officials across relevant departments to:
 - Encourage interdepartmental planning and coordination
 - Identify practices and policies each agency must adopt
 - Educate civic and business leaders about their critical role
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